

**FITXA IDENTIFICATIVA****DADES DE L'ASSIGNATURA**

Codi: 46446
Nom: Psicologia del Treball
Cicle: Màster Universitari Oficial
Crèdits ECTS: 5
Curs acadèmic: 2025-26

TITULACIONS

Titulació	Centre	Curs	Període
2248 - International Joint Research Master Work and Organizational Psychology	Facultat de Psicologia i Logopèdia	1	Primer quadrimestre

MATÈRIES

Titulació	Matèria	Caràcter
2248 - International Joint Research Master Work and Organizational Psychology	Work psychology	OBLIGATÒRIA

COORDINACIÓ

RAMOS LOPEZ JOSE

RESUM

Course taught in Maastricht University during the first semester at the first academic year.

Prof. Ute Hulsleger is the coordinator lecturer.

This course focuses on people at work in organisations. It will provide answers to questions as `Why do some people flourish while others suffer at work?¿, `How does work affect our health and well-being?¿, or `How can a healthy work-life balance be achieved¿. These questions will be addressed by discussing theories of work design, work stress, and occupational health. Using this knowledge, it will be discussed how jobs can (or should) be changed, to optimise individual performance and the well-being of the job incumbent. At the end of this course students should be able to provide answers to questions as: What are important work characteristics? How can health and well-being be fostered in organizations? How can people optimally recover from the demands of work? Is remote work a blessing or a curse?

CONEIXEMENTS PREVIS**RELACIÓ AMB ALTRES ASSIGNATURES DE LA MATEIXA TITULACIÓ**



No s'ha especificat restriccions de matrícula amb altres assignatures del pla d'estudis.

ALTRES TIPUS DE REQUISITS

Sense requisits previs.

COMPETÈNCIES / RESULTATS D' APRENENTATGE

2248 - International Joint Research Master Work and Organizational Psychology

Be able to analyse, evaluate, interpret and synthesize research methods, data, theories and publications in the field of work and organisational psychology.

Be able to apply theories, interventions, instruments and evaluation methods to practice in the field of work and organisational psychology.

Be able to communicate effectively in English, both orally (group discussions, presentations) and in writing, on topics related to work and organisational psychology.

Be able to communicate scientific theories and empirical results in an understandable manner, to both professionals (experts and non-experts) and lay audiences (including clients).

Be able to make a critical assessment of a research question and an experimental design, taking into account the ethical responsibilities in research.

Be able to read, understand, integrate and critically reflect on scientific communications, professional reports and new developments.

Be able to reflect on one's own professional behaviour and development (including ethical considerations and obligations).

Be able to work in an international team.

Be able to write scientific reports in the form of practical reports, master's theses and/or scientific publications following scientific standards.

Students have the knowledge and understanding that provide a basis or an opportunity for originality in developing and/or applying ideas, often within a research context.

DESCRIPCIÓ DE CONTINGUTS

Disseny de llocs de treball
Estrés laboral
Recuperació del treball
Treball emocional
Tractament inadequat al treball



1. Paraules clau

Disseny de llocs de treball

Estrés laboral

Recuperació del treball Relacions entre treball i no treball

VOLUM DE TREBALL (HORES)

ACTIVITATS PRESENCIALS

Activitat	Hores
Teoria-Pràctiques	50,00
Total hores	50,00

ACTIVITATS NO PRESENCIALS

Activitat	Hores
Assistència a altres activitats	0,00
Elaboració de treballs individuals o en grup	0,00
Estudi i treball autònom	75,00
Preparació de classes	0,00
Preparació d'activitats d'avaluació	0,00
Resolució de casos pràctics	0,00
Total hores	75,00

METODOLOGIA DOCENT

Conference)(s)

Problem-Based Learning

Presentations

Case studies and assignments

AVALUACIÓ

Written Exam

Individual final assignment

BIBLIOGRAFIA



VNIVERSITAT ID VALÈNCIA

Guia Docent
46446 Psicologia del Treball
