FICHA IDENTIFICATIVA

DATOS DE LA ASIGNATURA

Código: 46456
Nombre: Intervenciones en Psicología del Trabajo: Diseño del trabajo y trabajo en equipo
Ciclo: Máster Universitario Oficial
Créditos ECTS: 5
Curso académico: 2026-27

TITULACIONES

Titulación	Centro	Curso	Periodo
2248 - International Joint Master of Research in Work and Organizational Psycholog	Facultat de Psicologia i Logopèdia	2	Primer cuatrimestre

MATERIAS

Titulación	Materia	Carácter
2248 - International Joint Master of Research in Work and Organizational Psycholog	Interventions in work psychology: work design and work teams	OBLIGATORIA

COORDINACIÓN

RAMOS LOPEZ JOSE

ZORNOZA ABAD ANA

PEIRO SILLA JOSE MARIA

RESUMEN

Esta asignatura se centrará en el estudio y diseño de intervenciones basadas en la evidencia en la Psicología del Trabajo y los enfoques de investigación al respecto. Hay una amplia gama de temas que pueden abordarse. Específicamente, este curso se centrará en varios temas relevantes y considerará diferentes tipos de intervenciones que han sido diseñadas y desarrolladas para enfrentar las demandas relevantes.

La investigación de intervención utiliza una amplia gama de métodos analíticos que incluyen diseños experimentales y correlacionales. Su principal diferencia con respecto a otros tipos de investigación es su enfoque centrado en los problemas, dirigido al desarrollo y evaluación de la intervención (a menudo por diseño) y de los resultados logrados. La implementación de intervenciones específicas de Psicología del Trabajo en el lugar de trabajo involucra diferentes factores que los investigadores deben considerar para desarrollar diseños y estrategias innovadoras. Algunas de ellas están relacionadas con el objeto del cambio y los objetivos en los que deben centrarse. La digitalización está cubriendo e impregnando todos los niveles de trabajo -social, organizativo, laboral, profesional- y es necesario incluir este factor en las

intervenciones.

Las intervenciones de psicología del trabajo incluyen una amplia gama de actividades, desde la prevención primaria hasta la terciaria. Pueden intervenir varios factores a diferentes niveles: desde los factores organizativos, de equipo y de nivel individual. Durante este curso, los estudiantes tendrán la oportunidad de elegir el tipo de intervenciones que les gustaría abordar, teniendo en cuenta factores organizativos o personales y temas tales como las características del trabajo, diseño de trabajo/ re-diseño, nuevas competencias y habilidades, empleabilidad, nuevas formas de trabajo, transformación digital, etc.

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CONOCIMIENTOS PREVIOS

RELACIÓN CON OTRAS ASIGNATURAS DE LA MISMA TITULACIÓN

No se han especificado restricciones de matrícula con otras asignaturas del plan de estudios.

OTROS TIPOS DE REQUISITOS

Sin requisitos previos.

COMPETENCIAS / RESULTADOS DE APRENDIZAJE

2248 - International Joint Master of Research in Work and Organizational Psycholog

Be able to communicate effectively in English, both orally (group discussions, presentations) and in writing, on topics related to work and organisational psychology.

Be able to design and conduct quality scientific research in the field of work and organisational psychology (including the abilities to select and apply appropriate research and statistical methods).

Be able to formulate and develop an original and feasible research question and research proposal.

Be able to make a critical assessment of a research question and an experimental design, taking into account the ethical responsibilities in research.

Be able to read, understand, integrate and critically reflect on scientific communications, professional reports and new developments.

Be able to relate results to existing literature and to make realistic assessments of the implications and significance of research results.

Be able to work in an international team.

Students have the knowledge and understanding that provide a basis or an opportunity for originality in developing and/or applying ideas, often within a research context.

DESCRIPCIÓN DE CONTENIDOS

1. Intervenciones en Psicología del Trabajo

1) Digitalización del trabajo y diseño del trabajo.
2) Digitalización del trabajo y equipos virtuales.
3) Intervenciones en empleabilidad, busqueda de empleo y adaptabilidad de carrera
4) Intervenciones para promover la igualdad de genero en el trabajo.
5) Seminario de Intervenciones en innovación en las organizaciones.

VOLUMEN DE TRABAJO (HORAS)

ACTIVIDADES PRESENCIALES

Actividad	Horas
Teoría-Prácticas	50,00
Total horas	**50,00**

ACTIVIDADES NO PRESENCIALES

Actividad	Horas
Asistencia a otras actividades	0,00
Elaboración de trabajos individuales o en grupo	0,00
Estudio y trabajo autónomo	0,00
Preparación de clases	75,00
Preparación de actividades de evaluación	0,00
Resolución de casos prácticos	0,00
Total horas	**75,00**

METODOLOGÍA DOCENTE

La metodología de aprendizaje y enseñanza combina presentaciones con actividades de aprendizaje y tareas.

Sesiones introductorias: Las presentaciones se combinarán con algunas lecturas y algunos ejercicios prácticos que tienen como objetivo promover el aprendizaje de diferentes facetas de intervención-investigación.

Presentación de la investigación de intervención. Los estudiantes leerán y analizarán críticamente varios artículos de revistas sobre intervenciones sobre temas del curso, con más discusión.

Tareas: (assignments) Los detalles específicos para la asignación final serán explicados durante el curso y descritos en el documento subido en la plataforma virtual del curso. Incluyen la revisión crítica de intervenciones anteriores y el diseño de una intervención de investigación sobre Psicología del Trabajo.

EVALUACIÓN

-Lecturas críticas sobre Empleabilidad/Intervenciones de género (10%).

-Lecturas críticas sobre digitalización y equipos de trabajo (10%).

-Seminario: Innovación en las Organizaciones (Asistencia obligatoria, 10%)

-Asignación de Diseño de una intervención innovadora en Psicología del Trabajo (70%)

Criterios generales de evaluación:

-La participación en las sesiones de enseñanza (en la forma establecida) es obligatoria.

-Justificación general y uso de la teoría para identificar la evidencia existente, describir el estado de la técnica y formular las preguntas de investigación.

-Calidad de la escritura.

-Utilización de referencias y nuevos documentos

-Calidad científica del diseño de la investigación

:p>

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