

**COURSE DATA****DATA SUBJECT**

**Code:** 46920  
**Name:** Internship  
**Cycle:** Master's Degree  
**ECTS Credits:** 10  
**Academic year:** 2026-27

**STUDY (S)**

Degree	Center	Acad. year	Period
2275 - Master's Degree in Occupational Health and Safety	Facultat de Ciències Socials	2	Second quarter

**SUBJECT-MATTER**

Degree	Subject-matter	Character
2275 - Master's Degree in Occupational Health and Safety	Pràctiques Externas	INTERNSHIPS

**COORDINATION**

NUÑEZ GONZALEZ CAYETANO

**SUMMARY****PREVIOUS KNOWLEDGE****RELATIONSHIP TO OTHER SUBJECTS OF THE SAME DEGREE**

There are no specified enrollment restrictions with other subjects of the curriculum.

**OTHER REQUIREMENTS**

Para cursar esta materia es requisito necesario haber superado al menos 48 créditos de materias obligatorias, y haberse matriculado al menos de una de las materias de especialidad (Seguridad en el Trabajo, Ergonomía y Psicología Aplicada y/o Higiene Industrial). La asignación del tutor académico para el desarrollo del trabajo, así como la elección del centro de prácticas, seguirá procedimientos previamente establecidos por la Comisión de Coordinación Académica del Máster.

**COMPETENCES / LEARNING OUTCOMES****2275 - Master's Degree in Occupational Health and Safety**



Apply communication, information, negotiation and conflict resolution techniques in organisations.

Be able to apply knowledge and problem-solving abilities in new or unfamiliar environments within broader (or multidisciplinary) contexts related to the field of study.

Be able to direct the actions to be taken in emergencies and first aid.

Be able to measure and obtain relevant data for the organisational diagnosis of occupational risks.

Be able to monitor compliance with risk control and reduction programmes and carry out activities to control working conditions.

Be able to plan preventive action and propose measures for the control and reduction of risks.

Collaborate effectively in work teams, assuming responsibilities and leadership roles while contributing to collective improvement and development.

Conduct general information and training activities at all levels and in the areas of specialisation.

Contribute to designing, developing and implementing solutions that address social demands, taking the Sustainable Development Goals as a reference.

Demonstrate knowledge and understanding of social inequalities based on sex and gender within this specific field of study; integrate the different needs and preferences based on sex and gender into the design of solutions and problem solving.

Demonstrate knowledge and understanding of the importance of addressing sustainability and climate change, in accordance with Article 35.2 of Law 7/2021, of 20 May, on Climate Change and Energy Transition.

Demonstrate knowledge and understanding of the importance of respecting gender equality as established in Organic Law 3/2007, of 22 March, for the effective equality of women and men, and the principle of equal treatment and non-discrimination on the grounds of birth, national or ethnic origin, religion, belief, age, disability, sexual orientation, gender identity or expression, sexual characteristics, illness, socio-economic situation or any other personal or social condition or circumstance.

Demonstrate knowledge and understanding of the importance of respecting human rights and fundamental rights; democratic values such as freedom of thought and teaching, tolerance, recognition of and respect for diversity, equality for all citizens, elimination of any discriminatory content or practice, culture of peace and participation, among others.

Demonstrate knowledge and understanding of the importance of respecting the principles of universal accessibility and design for all, in accordance with the second final provision of the Consolidated Text of the General Law on the Rights of Persons with Disabilities and their Social Inclusion, approved by Royal Legislative Decree 1/2013, of 29 November.

Develop assertive skills to initiate, lead and facilitate participation in groups, promoting interpersonal relationships.

Develop initiative, critical thinking and creativity.



Know and be able to apply the different types of occupational prevention organisation in the company (constitution requirements, training required, etc.).

Know how to analyse the needs and demands of the recipients of the functions of the occupational health and safety specialists, considering different contexts.

Know how to communicate effectively, both orally and in writing, adapting to the characteristics of the situation and the audience.

Know the accident risk assessment methods and apply them in practice.

Know the most appropriate accident prevention measures in the different sectors of activity, as well as the most significant occupational risks and preventive measures.

Learn autonomously, making informed decisions in different contexts, making judgements based on experimentation and analysis and transferring knowledge to new situations.

Perform risk assessments (related to industrial hygiene, safety at work, ergonomics and applied psychosociology) with maximum safety for the operator and the environment.

Plan, advise and make decisions based on ethical and legal criteria.

Propose creative and innovative solutions to complex situations or problems specific to the field of knowledge to respond to different professional and social needs.

Search for and select information in scientific and professional databases and documents and have the ability to synthesise and interpret it.

Understand the interrelationships between environmental and occupational health.

## DESCRIPTION OF CONTENTS

El módulo de Prácticas Externas proporciona al estudiante contenidos formativos a través de la experiencia de trabajo en un ámbito de intervención profesional. También permite ejercitar las habilidades profesionales básicas y utilizar las herramientas y técnicas de trabajo apropiadas al campo de práctica, de forma supervisada y evaluada. De igual modo permite establecer los elementos necesarios para que dicha experiencia sea una acción formativa dirigida a conocer y participar en las dinámicas del trabajo profesional y del trabajo en equipos interdisciplinarios, tanto dentro de las empresas como de organizaciones institucionales. A estos efectos, el estudiante participará en las actividades preventivas que se propongan, conocerá la gestión de las obligaciones de documentación de la empresa en este ámbito, realizará evaluaciones de riesgos, colaborará en la planificación de la acción preventiva y su gestión y participará en los procedimientos de información y comunicación a los trabajadores sobre los diferentes tipos de riesgos

## WORKLOAD

## PRESENCIAL ACTIVITIES



Activity	Hours
Attendance at the internship centre	0,00
Attendance at supplementary activities	0,00
Monitoring and tutoring of internships	0,00
<b>Total hours</b>	<b>0,00</b>

## NON PRESENCIAL ACTIVITIES

Activity	Hours
Independent study and work	0,00
Preparation of supplementary reports	0,00
Preparation of the internship report and evaluation of the internship	0,00
<b>Total hours</b>	<b>0,00</b>

## TEACHING METHODOLOGY

- ¿ Tutorías individuales.
- ¿ Utilización de tecnologías informáticas.
- ¿ Presentaciones en público.
- ¿ Búsqueda y análisis de documentación.
- ¿ Utilización de instrumentos de medición y evaluación.
- ¿ Trabajo de campo.
- ¿ Redacción de informes

## EVALUATION

Para ser evaluados, los estudiantes deberán entregar la memoria de Prácticas Externas siguiendo las indicaciones establecidas por la Comisión de Coordinación Académica (CCA) del máster (ver documento ¿Procedimiento Prácticas externas¿, disponible en Aula Virtual). El tutor académico de las prácticas evaluará, siguiendo los criterios establecidos (ver documento ¿Procedimiento Prácticas externas¿, disponible en Aula Virtual) la calidad formal y de contenidos de la memoria, así como el aprovechamiento del trabajo realizado conforme los requisitos establecidos.

Elaboración de memorias de prácticas en organizaciones externas, incluyendo la evaluación del tutor interno y externo. El responsable final de la nota del estudiante es el tutor académico. En la evaluación de las prácticas se tendrá en cuenta la calidad de la memoria entregada y la valoración del tutor externo sobre la disposición, rendimiento e interés del estudiante durante el periodo de prácticas.

## REFERENCES

Misma bibliografía de las asignaturas teóricas del MU en Prevención de Riesgos Laborales