

ACADEMIC YEAR 2023-2024
SUMMER ACTIVITIES. Start subscription: May 15, 2024, at 11 h.



June: June 1 to 30, 2024
July: July 1 to 28, 2024

JUNE

RELATION ACTIVITIES BLASCO IBAÑEZ CAMPUS

ABDOMINALS WITH NO RISK						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
ABDOMINALES SIN RIESGO	Tuesday & Thursday	11.00 -12.00	Paloma López	Fusta	35	12,83 €

AEROTONIC						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
AEROTONIC	Tuesday & Thursday	16.00-17.00	Juan Blasco	Blava	40	12,83 €

BACHATA						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
BACHATA 1 MIDDLE	Monday	19.20-20.40	Sergi Martí	Fusta	35	10,77 €
BACHATA 2/SALSA INITIATION	Wednesday	18.00-19.30	Toni Garlan	Fusta	35	10,77 €
BACHATA 3 INITIATION	Thursday	16.45-18.00	Ramón Cualladó	Sala Expresión Aulario V	35	10,77 €
BACHATA 4 INITIATION/MIDDLE	Friday	17.00-18.00	Ramón Cualladó	Fusta	35	10,77 €

BODY BUILDING						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
MUSCULACIÓN1 MAÑANAS	Tuesday & Thursday	08.00-10.00	Rebeca Adam	Musculación	100	16,42 €
	Monday & Wednesday	12.00-14.00	Rebeca Adam	Musculación	100	
	Friday	12.00-14.00	Rebeca Adam	Musculación	100	
MUSCULACIÓN2 TARDES	Monday to Thursday	15.00-17.00	Millán	Musculación	100	16,42 €
	Monday to Thursday	19,30-21,30	David Fernández	Musculación	100	

CAPOEIRA						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
CAPOEIRA INITIATION/MIDDLE	Monday & Wednesday	20.00-21.30	Ismael Morcillo	Expression room Class bu	35	12,83 €

CHIKUNG						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
CHI-KUNG	Friday	10.00-11.30	Magda Chirald	Fusta/Open air	35	10,77 €

CUBBÁ						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
CUBBÁ	Tuesday & Thursday	15.00-16.00	Tamara de la Plaza	Blava	40	12,83 €

DANCE BALLET FITNESS						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
DANCE BALLET FITNESS	Tuesday & Thursday	19.30-20.30	Pilar Vallés	Blava	40	12,83 €

DANCE CLASSICAL & NEOCLASSICAL						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
DANCE CLASSICAL & NEOCLASSICAL MIDDLE	Tuesday & Thursday	20.45-22.15	Pilar Vallés	Fusta	35	12,83 €

DANCE CONTEMPORANEOUS						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
DANCE CONTEMPORANEOUS 1 MIDDLE	Tuesday & Thursday	19.30-21.00	Isabela Alfaro	Expression room Class bu	35	12,83 €

DANCE AND MOVEMENT						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
DANCE AND MOVEMENT 1	Tuesday & Thursday	9.00-10.30	Marino Muñoz	Blava	40	12,83 €
DANCE AND MOVEMENT 2 NAU GRAN	Tuesday & Thursday	10.30-12.00	Marino Muñoz	Blava	40	12,83 €

DANCE YOGA						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
DANCE YOGA	Monday & Wednesday	11:00-12:30	Marino Muñoz	Fusta	40	12,83 €

FLAMENCO						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
FLAMENCO 1 FESTIVAL	Tuesday & Thursday	16.00-17.00	Lucila Duarte	Blanca	20	12,83 €
FLAMENCO 2 FESTIVAL	Tuesday & Thursday	17.00-18.00	Lucila Duarte	Blanca	20	12,83 €
FLAMENCO 3 FESTIVAL	Tuesday & Thursday	18.00-19.00	Lucila Duarte	Blanca	20	12,83 €
FLAMENCO 4 FESTIVAL	Friday	17:00-18.30	Lucila Duarte	Blanca	20	10,77 €

GIRL STYLE SALSA & BACHATA						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
GIRL STYLE SALSA & BACHATA	Friday	15,45-17,00	Luciana Topbachian	Blanca	20	10,77 €

GOLF						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
GOLF 1 INITIATION	Tuesday	19.00-20.00	Cortés	El Saler	4	60,00 €
GOLF 2 MIDDLE	Wednesday	16.00-17.30	Cortés	El Saler	4	60,00 €
GOLF 3 MIDDLE	Wednesday	18.00-19.00	Cortés	El Saler	4	40,00 €
GOLF 4 MIDDLE	Thursday	15.00-16.30	Cortés	El Saler	4	60,00 €
GOLF 5 MIDDLE	Thursday	16.30-18.00	Cortés	El Saler	4	60,00 €
GOLF 6 ADVANCED	Thursday	16.30-18.00	Cortés	El Saler	4	60,00 €
GOLF 7 INITIATION/MIDDLE	Thursday	18.00-19.00	Cortés	El Saler	4	40,00 €
GOLF 8 MIDDLE	Thursday	18.00-19.30	Cortés	El Saler	4	60,00 €
GOLF 9 MIDDLE	Saturday	13.00-14.30	Cortés	El Saler	4	60,00 €

HYPOPRESSIVES						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
HYPOPRESSIVES	Monday & Wednesday	19.30-20.30	Ramón Ruiz	Blanca	20	12,83 €

PADDEL SURF						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
PADDEL SURF 1 (1,8,15,22,29 june)	Saturday	10.00-11.30	Escuela Surfarenas	Malvarrosa	7	65,00 €

PILATES						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
PILATES 1	Monday & Wednesday	08.00-09.00	José Ramón Ruiz	Fusta	20	12,83 €
PILATES 2	Monday & Wednesday	09.00-10.00	Jose Ramón Ruiz	Fusta	20	12,83 €
PILATES 3	Monday & Wednesday	10.00-11.00	Jose Ramón Ruiz	Fusta	20	12,83 €
PILATES 4 PAS/PDI	Monday & Wednesday	15.00-16.00	Jose Ramón Ruiz	Blanca	20	12,83 €
PILATES 5 NAU GRAN	Monday & Wednesday	18.30-19.30	Sefa	Blanca	20	12,83 €
PILATES 6 PAS/PDI	Tuesday & Thursday	15.00-16.00	Jose Ramón Ruiz	Blanca	20	12,83 €
PILATES 7	Tuesday & Thursday	19.00-20.00	Sefa	Blanca	20	12,83 €
PILATES 8	Tuesday & Thursday	20.00-21.00	Sefa	Blanca	20	12,83 €
PILATES 9	Friday	08.30-09.30	Rebeca Adam	Blanca	20	10,77 €
PILATES A	Friday	09.30-10.30	Rebeca Adam	Blanca	20	10,77 €

SALSA						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
SALSA 1 MIDDLE	Monday	18.00-19.20	Sergi Marti	Fusta	35	10,77 €
SALSA 2 MIDDLE	Monday	20.40-22.00	Sergi Marti	Fusta	35	10,77 €
SALSA 3 MIDDLE	Thursday	18.00-19.15	Ramón Cualladó	Expressió, Aulario V	35	10,77 €
SALSA 4 INITIATION/MIDDLE	Friday	18.00-19.00	Ramón Cualladó	Fusta	35	10,77 €

SEVILLANAS						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
SEVILLANAS 1 FESTIVAL	Friday	14.30-15.30	Lucila Duarte	Fusta	20	10,77 €
SEVILLANAS 2 FESTIVAL	Friday	15.30-17.00	Lucila Duarte	Fusta	20	10,77 €

SPINNING						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
SPINNING 1	Monday&Wednesday	14.00-14.45	Javier González	Blava	18	12,83 €
SPINNING 2	Monday&Wednesday	14.45-15.30	Javier González	Blava	18	12,83 €

STRETCHING OF MUSCULAR CHAINS						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
ESTIRAMIENTOS DE CADENAS MUSCULARES 1	Monday & Wednesday	09.30-11.00	Antonio Linde	Blanca	20	12,83 €
ESTIRAMIENTOS DE CADENAS MUSCULARES 2	Monday & Wednesday	11.00-12.30	Antonio Linde	Blanca	20	12,83 €
ESTIRAMIENTOS DE CADENAS MUSCULARES 3	Monday & Wednesday	16.00-17.30	Paula Tormo	Blanca	20	12,83 €
ESTIRAMIENTOS DE CADENAS MUSCULARES 4	Tuesday&Thursday	15.15-16.45	Paula Tormo	Expresión, Aulario V	20	12,83 €
ESTIRAMIENTOS DE CADENAS MUSCULARES 5	Friday	11.00-12.30	Paula Tormo	Blanca	20	12,83 €

SURF						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
SURF 1 (7,14,21,28 june)	Friday	17.00-19.00	Escuela Surfarenas	Malvarrosa	7	65,00 €

TAICHÍ						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
TAICHÍ 1	Tuesday & Thursday	13.00-14.30	Natalia Pérez	Fusta/Open air	35	12,83 €
TAICHÍ/CHIKUNG NAU GRAN	Tuesday & Thursday	12.00-13.00	Natalia Pérez	Fusta/Open air	35	12,83 €

YOGA						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
YOGA 1	Monday & Wednesday	20.30-21.50	J Ramón Ruiz	Blanca	20	12,83 €
YOGA 2	Tuesday & Thursday	09.30-11,00	Natalia Pérez	Fusta	35	12,83 €
YOGA 3	Tuesday & Thursday	15.00-16.30	Mónica Díaz	Fusta	35	12,83 €
YOGA 4	Tuesday & Thursday	15.00-16.30	Ara Vercher	Blava	35	12,83 €

JULY

BODY BUILDING						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
MUSCULACIÓN1 MAÑANAS	Tuesday & Thursday	08.00-10.00	Rebeca Adam	Musculación	100	16,42 €
	Monday & Wednesday	12.00-14.00	Rebeca Adam	Musculación	100	
	Friday	12.00-14.00	Rebeca Adam	Musculación	100	
MUSCULACIÓN2 TARDES	Monday to Thursday	15.00-17.00	Millán	Musculación	100	16,42 €
	Monday to Thursday	19,30-21,30	David Fernández	Musculación	100	

GOLF						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
GOLF 1 INITIATION	Tuesday	19.00-20.30	Cortés	El Saler	4	60,00 €
GOLF 2 MIDDLE	Wednesday	16.00-17.30	Cortés	El Saler	4	60,00 €
GOLF 3 MIDDLE	Wednesday	18.00-19.00	Cortés	El Saler	4	40,00 €
GOLF 4 MIDDLE	Thursday	15.00-16.30	Cortés	El Saler	4	60,00 €
GOLF 5 MIDDLE	Thursday	16.30-18.00	Cortés	El Saler	4	60,00 €
GOLF 6 ADVANCED	Thursday	16.30-18.00	Cortés	El Saler	4	60,00 €
GOLF 7 INITIATION/MIDDLE	Thursday	18.00-19.00	Cortés	El Saler	4	40,00 €
GOLF 8 MIDDLE	Thursday	18.00-19.30	Cortés	El Saler	4	60,00 €
GOLF 9 MIDDLE	Saturday	13.00-14.30	Cortés	El Saler	4	60,00 €

HYPOPRESSIVES						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
HYPOPRESSIVES	Monday & Wednesday	19.30-20.30	J.Ramón Ruiz	Blanca	20	12,83 €

PADDEL SURF						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
PADDEL SURF 1 (6,13,20,27 July)	Saturday	10.00-11.30	Escuela Surfarenas	Malvarrosa	7	65,00 €

PILATES						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
PILATES 1	Monday & Wednesday	9.00-10.00	Jose Ramón Ruiz	Fusta	20	12,83 €
PILATES 2 (PAS/PDI)	Monday & Wednesday	15.00-16.00	Jose Ramón Ruiz	Fusta	20	12,83 €
PILATES 3 (NAU GRAN)	Monday & Wednesday	18.30-19.30	Sefa	Blanca	20	12,83 €
PILATES 4 (PAS/PDI)	Tuesday & Thursday	15.00-16.00	José Ramón Ruiz	Fusta	20	12,83 €
PILATES 5	Tuesday & Thursday	19.00-20.00	Sefa	Blanca	20	12,83 €
PILATES 6	Tuesday & Thursday	20.00-21.00	Sefa	Blanca	20	12,83 €

STRETCHING OF MUSCULAR CHAINS						
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
ESTIRAMIENTOS DE CADENAS MUSCULARES 1	Monday & Wednesday	10.00-11.30	Magda Chiralt	Blanca	20	12,83 €

SURF						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
SURF 1 (5,12,19,26 July)	Friday	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	65,00 €

YOGA						
GRUPO	DIAS	HORA	PROFESOR/A	SALA	PLAZAS	PRECIO
YOGA 1	Monday & Wednesday	20.30-21.50	J Ramón Ruiz	Blanca	20	12,83 €