

Start subscription: 15th May 2025 at 11:00h.

June : from June 1 to 30, 2025

July: from July 1 to 28, 2025

ACADEMIC YEAR 2024-2025

RELATION SUMMER ACTIVITIES - BURJASSOT CAMPUS

JUNE

GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
AEROGAP	Tues. & Thurs.	15:30-16:30	Guadalupe Abad	Dance room Burjassot pavilion	15	13,12 €
BACHATA (Medium level)	Mon.	19:30-20:30	Toni Garland	Dance room Burjassot pavilion	22	11,02 €
BODY BUILDING 1	Mon. to Thurs.	08:00-09:55	Guadalupe Abad	Body building Burjassot pavilion room	25	16,79 €
BODY BUILDING 2	Mon. to Thurs.	17:00-19:00	Abel Ballester	Body building Burjassot pavilion room	25	16,79 €
BODY BUILDING 3	Mon. to Thurs.	19:00-21:00	Abel Ballester	Body building Burjassot pavilion room	25	16,79 €
CALISTHENICS	Tues. & Thurs.	16:00-16:55	Abel Ballester	UV Calisthenics Park	8	13,12 €
CIRCUIT TRAINING	Mon. & Wed.	16:00-16:55	Abel Ballester	Pavilion Burjassot	13	13,12 €
CUBBÁ	Mon. & Wed.	19:00-20:00	Guadalupe Abad	Campus gym room	16	13,12 €
FUNCTIONAL TRAINING 1	Mon. & Wed.	18:00-19:00	Guadalupe Abad	Campus gym room	15	13,12 €
FUNCTIONAL TRAINING 2	Tues. & Thurs.	18:30-19:30	Guadalupe Abad	Campus gym room	15	13,12 €
MUSCLE CHAIN STRETCHING 1	Tues. & Thurs.	14:30-16:00	Magda Chiralt	Campus gym room	15	13,12 €
MUSCLE CHAIN STRETCHING 2	Tues. & Thurs.	16:00-17:30	Magda Chiralt	Campus gym room	15	13,12 €
PILATES 1	Mon. & Wed.	08:00-09:00	Maite Rey	Campus gym room	16	13,12 €
PILATES 2	Tues. & Thurs.	08:00-09:00	Maite Rey	Campus gym room	16	13,12 €
PILATES 3	Tues. & Thurs.	10:00-11:00	Guadalupe Abad	Campus gym room	16	13,12 €
PILATES 4	Mon. & Wed.	13:00-14:00	Manuel Caldito	Campus gym room	16	13,12 €
PILATES 5	Mon. & Wed.	14:00-15:00	Manuel Caldito	Campus gym room	16	13,12 €
PILATES 6	Mon. & Wed.	15:00-16:00	Manuel Caldito	Campus gym room	16	13,12 €
PILATES 7	Mon. & Wed.	17:00-18:00	Guadalupe Abad	Campus gym room	16	13,12 €
PILATES 8	Tues. & Thurs.	17:30-18:30	Guadalupe Abad	Campus gym room	16	13,12 €
PILATES 9	Tues. & Thurs.	20:30-21:30	Guadalupe Abad	Campus gym room	16	13,12 €
PILATES A	Fri.	08:00-09:00	Maite Rey	Campus gym room	16	11,02 €
SALSA (Medium level)	Mon.	20:30-21:30	Toni Garland	Dance room Burjassot pavilion	22	11,02 €
SALSA-BACHATA (Initiation level)	Friday	14:30-16:00	Toni Garland	Campus gym room	22	11,02 €
SPINNING 1	Mon. & Wed.	20:00-21:00	Guadalupe Abad	Campus gym room	15	13,12 €
SPINNING 2	Tues. & Thurs.	19:30-20:30	Guadalupe Abad	Campus gym room	15	13,12 €
TAICHÍ	Mon. & Wed.	13:15-14:45	Magda Chiralt	Sport center Burjassot	15	13,12 €
YOGA 1	Mon. & Wed.	15:00-16:30	Magda Chiralt	Aerobic room Burjassot sports center	15	13,12 €

JULY

GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE
AEROGAP	Tues. & Thurs.	15:00-15:55	Abel Ballester	Dance room Burjassot pavilion	15	13,12 €
BODY BUILDING	Mon. to Thurs.	17:00-18:55	Abel Ballester	Body building Burjassot pavilion room	25	16,79 €
CALISTHENICS	Tues. & Thurs.	16:00-16:55	Abel Ballester	UV Calisthenics Park	8	13,12 €
CIRCUIT TRAINING	Mon. & Wed.	16:00-16:55	Abel Ballester	Pavilion Burjassot	13	13,12 €
FUNCTIONAL TRAINING	Tues. & Thurs.	19:00-20:00	Abel Ballester	Campus gym room	15	13,12 €
STRETCHING OF MUSCULAR CHAINS	Tues. & Thurs.	14:30-16:00	Magda Chiralt	Campus gym room	15	13,12 €
PILATES 1	Tues. & Thurs.	08:30-09:30	Jose R. Ruiz	Campus gym room	16	13,12 €
PILATES 2	Tues. & Thurs.	09:30-10:30	Jose R. Ruiz	Campus gym room	16	13,12 €
PILATES 3	Tues. & Thurs.	13:30-14:30	Magda Chiralt	Campus gym room	16	13,12 €
SPINNING	Mon. & Wed.	19:00-20:00	Abel Ballester	Campus gym room	15	13,12 €