

Starts subscription: 10 September 2025 at 11:00 a.m.

First term: 17th September 2025 to 31st January 2026

Second term: 1st February to 31st May 2026

ACADEMIC YEAR 2025-2026

LIST OF ACTIVITIES - CAMPUS DELS TARONGERS

GROUP	DAYS	HOOR	COACH	ROOM	PLACES	FEE
ABS without risk	Tues. & Thurs.	15.15-16.15	Paloma Guerra	Tatami	15	43,12 €
AEROGAP 1	Mon. & Wed.	14.00-15.00	Sergio Elorza	Aerobics	20	43,12 €
AEROGAP 2	Mon. & Wed.	21.00-22.00	Juan Blasco	Aerobics	20	43,12 €
AEROGAP 3	Tues. & Thurs.	12.30-13.30	Sergio Elorza	Aerobics	20	43,12 €
AEROTONIC	Tues. & Thurs.	13.30-14.30	Sergio Elorza	Aerobics	15	43,12 €
ARCHERY 1	Tues. & Thurs.	16.00-17.30	Vicente Palomar	Archery area	20	43,12 €
ARCHERY 2	Tues. & Thurs.	17.30-19.00	Vicente Palomar	Archery area	20	43,12 €
ARCHERY 3	Tues. & Thurs.	19.00-20.30	Vicente Palomar	Archery area	20	43,12 €
BACHATA - Medium	Tues	17.00-18.30	Ramon Cuallado	Aerobics	30	28,30 €
BACHATA/SALSA - Initiation	Fri.	16.30-18.00	Toni Garland	Aerobics	30	28,30 €
BODYBUILDING 1	Mon. to Fri.	7.00-9.00	Sergio Elorza	Bodybuilding	65	51,20 €
BODYBUILDING 2	Mon. to Fri.	9.00-11.00	Sergio Elorza	Bodybuilding	65	51,20 €
BODYBUILDING 3	Mon. to Fri.	11.00-13.00	SergioGuzmán	Bodybuilding	65	51,20 €
BODYBUILDING 4	Mon. to Fri.	13.00-15.00	Guzmán García	Bodybuilding	65	51,20 €
BODYBUILDING 5	Mon. to Thurs.	15.00-17.30	Guzmán García	Bodybuilding	70	51,20 €
BODYBUILDING 6	Mon. to Thurs.	17.30-20.00	Alejandro Sánchez	Bodybuilding	70	51,20 €
BODYBUILDING 7	Mon. to Thurs.	20.00-22.00	Alejandro Sánchez	Bodybuilding	70	51,20 €
CIRCUIT TRAINING	Mon. & Wed.	13.00-14.00	Sergio Elorza	Exterior	15	43,12 €
CLASSICAL DANCE - Initiation	Thurs.	17.00-18.30	Pilar Vallés	Aerobics	15	28,30 €
CONTEMPORANEOUS DANCE - Initiation	Thurs.	15.30-17.00	Marcos Usó	Aerobics	20	28,30 €
DANCE & MOVEMENT	Mon. & Wed.	10.00-11.00	Pilar Vallés	Tatami	20	43,12 €
DEFENSE WOMEN	Tues. & Thurs.	19.30-20.30	Luis Muñoz	Tatami	25	43,12 €
FLAMENCO (Rumba) - Initiation	Mon.	12.00-13.00	Lucila Duarte	Aerobics	30	28,30 €
FLAMENCO 1 - Medium	Mon. & Wed.	10.30-12.00	Lucila Duarte	Aerobics	25	43,12 €
FLAMENCO 2 - Medium	Mon. & Wed.	17.30-19.00	Lucila Duarte	Aerobics	25	43,12 €
FUNKY	Tues. & Thurs.	19.00-20.00	Javier Martínez	Aerobics	20	43,12 €
GIRLS STYLE (Salsa and Bachata) - Initiation	Fri.	18.00-19.30	Luciana Topbachian	Aerobics	20	28,30 €
GOLF* 1 INITIATION	Tues.	18.00-19.00	Félix Cortés	El Saler	5	120,00 €
GOLF* 2 MIDDLE	wed.	15.30-17.00	Félix Cortés	El Saler	4	180,00 €
GOLF* 3 INITIATION	wed.	18.00-19.00	Javier Cortés	El Saler	5	120,00 €
GOLF* 4 MIDDLE	Thurs.	15.00-16.30	Félix Cortés	El Saler	4	180,00 €
GOLF* 5 ADVANCED	Thurs.	16.30-18.00	Félix Cortés	El Saler	4	180,00 €
GOLF* 6 ADVANCED	Thurs.	16.30-18.00	Javier Cortés	El Saler	4	180,00 €
GOLF* 7 INITIATION	Thurs.	18.00-19.00	Félix Cortés	El Saler	5	120,00 €
GOLF* 8 INITIATION	Fri.	17.00-18.00	Félix Cortés	El Saler	5	120,00 €
GOLF* 9 INITIATION/MIDDLE	Fri.	18.00-19.00	Félix Cortés	El Saler	5	120,00 €
GOLF* A MIDDEL	Sat.	13.00-14.30	Félix Cortés	El Saler	4	180,00 €
GOLF* B MIDDEL	Sat.	13.00-14.30	Javier Cortés	El Saler	4	180,00 €
HIIT 1	Tues. & Thurs.	14.30-15.00	Sergio Elorza	Aerobics	15	28,30 €
HIIT 2	Tues. & Thurs.	15.00-15.30	Sergio Elorza	Aerobics	15	28,30 €
HIIT 3	Tues. & Thurs.	18.30-19.00	Alejandro Sánchez	Musc/Ext	15	28,30 €
HIP-HOP	Fri.	19.30-21.30	Javier Martínez	Aerobics	25	43,12 €
KINOMICHI 1 - Initiation	Wed.	19.00-20.30	Charo Ortín	Tatami	20	28,30 €
KINOMICHI 2 - Perfecting	Fri.	19.00-20.30	Charo Ortín	Tatami	20	28,30 €
MAINTENANCE EXERCICES	Mon. & Wed.	15.00-16.00	Sergio Elorza	Aerobics	15	43,12 €
PILATES 1	Mon. & Wed.	9.00-10.00	Pilar Vallés	Tatami	30	43,12 €
PILATES 2	Mon. & Wed.	13.00-14.00	Sefa Giménez	Tatami	30	43,12 €
PILATES 3	Mon. & Wed.	14.00-15.00	Sefa Giménez	Tatami	30	43,12 €
PILATES 4	Mon. & Wed.	18.00-19.00	Manuel Caldito	Tatami	30	43,12 €
PILATES 5	Tues. & Thurs.	9.00-10.00	Lidia Meneghini	Tatami	30	43,12 €
PILATES 6	Tues. & Thurs.	15.00-16.00	Francisco Sanmartín	Tatami	30	43,12 €
PILATES 7	Tues. & Thurs.	16.00-17.00	Francisco Sanmartín	Tatami	30	43,12 €
PILATES 8	Tues. & Thurs.	17.00-18.00	Sefa Giménez	Tatami	30	43,12 €
POSTURAL CORRECTION and MINDFULNESS	Tues. & Thurs.	20.00-21.00	Lidia Meneghini	Aerobics	15	43,12 €
SALSA CUBANA - Medium	Tues.	15.30-17.00	Ramón Cuallado	Aerobics	30	28,30 €
SEVILLANAS 1 - Medium	Wed.	12.00-13.00	Lucila Duarte	Aerobics	25	28,30 €
SEVILLANAS 2 - Initiation	Fri.	10.30-12.00	Lucila Duarte	Aerobics	25	28,30 €
SEVILLANAS 3 - Medium	Fri.	12.00-13.30	Lucila Duarte	Aerobics	30	28,30 €
STRETCHING MUSCLE CHAINS 1	Fri.	13.30-15.00	Paloma Guerra	Aerobics	20	28,30 €
STRETCHING MUSCLE CHAINS 1	Mon. & Wed.	15.00-16.30	Antonio Linde	Tatami	20	43,12 €
SURF* 1 (2nd, 9th, 16th & 23th February)	Sun.	15.30-17.30	Escuela Surfarenas	Malvarrosa	5	60,00 €
SURF* 2 (6th, 13th, 27th March, 3rd April)	Thurs.	16.00-18.00	Escuela Surfarenas	Malvarrosa	7	60,00 €
SURF* 3 (7th, 14th, 28th March, 4th April)	Fri.	16.00-18.00	Escuela Surfarenas	Malvarrosa	7	60,00 €
SURF* 4 (1st, 8th, 29th March, 6th April)	Sat.	16.00-18.00	Escuela Surfarenas	Malvarrosa	7	60,00 €
SURF* 5 (2nd, 9th, 30th March, 6th April)	Sun.	16.00-18.00	Escuela Surfarenas	Malvarrosa	7	60,00 €
SURF* 6 (9th, 16h, 30th April, 7th May)	wed.	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	60,00 €
SURF* 7 (10th, 17th April, 8th, 15th May)	Thurs.	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	60,00 €
SURF* 8 (11th April, 2nd, 9th, 16th May)	Fri.	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	60,00 €
SURF* 9 (12th April, 3rd, 10th, 17th May)	Sat.	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	60,00 €
SURF* 4 (13th April, 4th, 11th, 18th May)	Sun.	17.00-19.00	Escuela Surfarenas	Malvarrosa	10	60,00 €
SURF* B (14th, 21st, 28th May, 4th June)	wed.	15.30-17.30	Escuela Surfarenas	Malvarrosa	8	60,00 €
TAICHÍ y CHI KUNG	Mon. & Wed.	16.00-17.30	Manuel Rodríguez	Aerobics	30	43,12 €
TACHI and CHI KUNG (Nau Gran)	Tues. & Thurs.	11.00-12.30	Magda Chiralt	Aerobics	35	43,12 €

WINDSURF* 1 (14-21-28th feb., 7-14-28th March, 4-11th April)	Fri.	14.00-15.00	César García	Saler	4	50,00 €
WINDSURF* 2 (14-21-28th feb., 7-14-28th March, 4-11th April)	Fri.	15.00-16.00	César García	Saler	4	50,00 €
WINDSURF* 3 (14-21-28th feb., 7-14-28th March, 4-11th April)	Fri.	16.00-17.00	César García	Saler	4	50,00 €
WINDSURF* 4 (15-22nd February, 1-8-22-29th March, 5-12nd April, 3rd May)	Sat.	11.00-12.00	César García	Saler	4	50,00 €
WINDSURF* 5 (15-22nd February, 1-8-22-29th March, 5-12nd April, 3rd May)	Sat.	12.00-13.00	César García	Saler	4	50,00 €
WINDSURF* 6 (15-22nd February, 1-8-22-29th March, 5-12nd April, 3rd May)	Sat.	13.00-14.00	César García	Saler	4	50,00 €
WINDSURF* 7 (16-23nd February, 2-9-23-30th March, 6-13th April, 4th May)	Sun.	11.00-12.00	César García	Saler	4	50,00 €
WINDSURF* 8 (16-23nd February, 2-9-23-30th March, 6-13th April, 4th May)	Sun.	12.00-13.00	César García	Saler	4	50,00 €
WINDSURF* 9 (16-23nd February, 2-9-23-30th March, 6-13th April, 4th May)	Sun.	13.00-14.00	César García	Saler	4	50,00 €
YOGA 1	Mon. & Wed.	16.30-18.00	Antonio Linde	Tatami	25	43,12 €
YOGA 2	Mon. & Wed.	19.00-20.30	Ester Reig	Aerobics	25	43,12 €
YOGA 3	Mon. & Wed.	20.30-22.00	Ester Reig	Tatami	25	43,12 €
YOGA 4	Tues. & Thurs.	9.30-11.00	Magda Chiralt	Aerobics	25	43,12 €
YOGA 5	Fri.	15.00-16.30	Ester Reig	Aerobics	25	28,30 €