

Start subscription: 10th Septembre 2026, at 11:00h.

1st term: 17th Septembre 2026 to 31st January 2027

2nd term: 1st February to 31st May 2027

ACADEMIC YEAR 2026-2027

RANGE OF ACTIVITIES - CAMPUS DELS TARONGERS

GROUP	DAYS	HOOR	COACH	ROOM	PLACES	FEE	OBSERVATIONS
ABDOMINALS with no risk	Tu & Thu	15.15-16.15	Paloma Guerra	Tatami	15	43,12 €	
AEROGAP 1	M & W	14.00-15.00	Sergio Elorza	Aerobic	20	43,12 €	
AEROGAP 2	M & W	20.30-21.30	Juan Blasco	Aerobic	20	43,12 €	
AEROGAP 3	Tu & Thu	12.30-13.30	Sergio Elorza	Aerobic	20	43,12 €	
AEROTONIC	Tu & Thu	13.30-14.30	Sergio Elorza	Aerobic	15	43,12 €	
ARCHERY 1	Tu & Thu	16.00-17.30	Vicente Palomar	Archery field	20	43,12 €	
ARCHERY 2	Tu & Thu	17.30-19.00	Vicente Palomar	Archery field	20	43,12 €	
ARCHERY 3	Tu & Thu	19.00-20.30	Vicente Palomar	Archery field	20	43,12 €	
BACHATA 1 - Initiation/Middle	Tu	17.00-18.30	Ramón Cuallado	Aerobic	30	28,30 €	
BACHATA 2 - Initiation	F	18.00-19.00	Tony Garland	Aerobic	30	28,30 €	
BODY BUILDING 1	M to F	07.00-09.00	Sergio Elorza	Musculación	65	51,20 €	
BODY BUILDING 2	M to F	09.00-11.00	Sergio Elorza	Musculación	65	51,20 €	
BODY BUILDING 3	M to F	11.00-13.00	Sergio / Guzmán	Musculación	65	51,20 €	
BODY BUILDING 4	M to F	13.00-15.00	Guzmán García	Musculación	65	51,20 €	
BODY BUILDING 5	M to Thu	15.00-17.30	Guzmán / Alejandro	Musculación	70	51,20 €	
BODY BUILDING 6	M to Thu	17.30-20.00	Alejandro Sánchez	Musculación	70	51,20 €	
BODY BUILDING 7	M to Thu	20.00-22.00	Alejandro Sánchez	Musculación	70	51,20 €	
CIRCUIT TRAINING	M & W	13.00-14.00	Sergio Elorza	Outdoor	15	43,12 €	
DANCE CLASSICAL - Initiation	Thu	15.30-17.00	Por confirmar	Aerobic	15	28,30 €	
DANCE CONTEMPORANEOUS	Thu	17.00-18.30	Marcos Usó	Aerobic	20	28,30 €	
DANCE URBAN	Thu	18.30-19.30	Beatriz Lara	Aerobic	20	28,30 €	
DANCE & MOVEMENT	M & W	10.00-11.00	María Muñoz	Tatami	20	43,12 €	
DEFENSE WOMEN	Tu & Thu	19.30-20.30	Luis Muñoz	Tatami	25	43,12 €	
FLAMENCO 1 - Middle	M & W	10.30-12.00	Lucila Duarte	Aerobic	25	43,12 €	
FLAMENCO 2 - Middle	M & W	17.30-19.00	Lucila Duarte	Aerobic	25	43,12 €	
FLAMENCO (Rumba)	M	12.00-13.00	Lucila Duarte	Aerobic	30	28,30 €	
FUERZA +55	M & W	17.30-19.00	Álvaro Calero	Musculación	15	43,12 €	
GIRL STYLE (Salsa & Bachata) - Initiation	F	19.00-20.30	Nadia Dimova	Aerobic	20	28,30 €	
HEALTHY BACK	Tu & Thu	16.15-17.15	Paloma Guerra	Tatami	15	43,12 €	
HIIT 1	Tu & Thu	14.30-15.00	Sergio Elorza	Aerobic	15	28,30 €	
HIIT 2	Tu & Thu	15.00-15.30	Sergio Elorza	Aerobic	15	28,30 €	
HIP-HOP	Thu	19.30-20.30	Beatriz Lara	Aerobic	25	28,30 €	
K-POP	Tu	18.30-20.00	Emma Tendero	Aerobic	20	28,30 €	
KINOMICHI 1 - Initiation	W	19.00-20.30	Josep Gavalda	Tatami	20	28,30 €	
KINOMICHI 2 - Improvement	F	19.00-20.30	Josep Gavalda	Tatami	20	28,30 €	
MAINTENANCE	M & W	15.00-16.00	Sergio Elorza	Aerobic	15	43,12 €	
MUSCLE CHAIN STRETCHING 1	M & W	15.00-16.30	Antonio Linde	Tatami	20	43,12 €	
MUSCLE CHAIN STRETCHING 2	F	13.30-15.00	Paloma Guerra	Tatami	20	28,30 €	
PICKLEBALL	M	18.30-20.00	Elena Mir	Tatami	15	28,30 €	
PILATES 1	M & W	09.00-10.00	Alexandra Rideau	Aerobic	30	43,12 €	
PILATES 2 (Flex Pilates)	M & W	14.00-15.00	Sefa Giménez	Tatami	15	43,12 €	
PILATES 3	M & W	18.00-19.00	Manuel Caldito	Tatami	30	43,12 €	
PILATES 4	Tu & Thu	09.00-10.00	Lidia Meneghini	Tatami	30	43,12 €	
PILATES 5	Tu & Thu	10.00-11.00	Lidia Meneghini	Tatami	30	43,12 €	
PILATES 6	Tu & Thu	15.00-16.00	Francisco Sanmartín	Tatami	30	43,12 €	
PILATES 7	Tu & Thu	16.00-17.00	Francisco Sanmartín	Tatami	30	43,12 €	
PILATES 8	Tu & Thu	17.00-18.00	Sefa Giménez	Tatami	30	43,12 €	
SALSA CUBANA 1 - Initiation/Middle	Tu	15.30-17.00	Ramón Cuallado	Aerobic	30	28,30 €	
SALSA CUBANA 2 - Initiation	F	16.30-18.00	José Carlos Velarde	Aerobic	30	28,30 €	
SEVILLANAS 1 - Middle	W	12.00-13.00	Lucila Duarte	Aerobic	25	28,30 €	
SEVILLANAS 2 - Initiation	F	10.30-12.00	Lucila Duarte	Aerobic	25	28,30 €	
SEVILLANAS 3 - Middle	F	12.00-13.30	Lucila Duarte	Aerobic	25	28,30 €	
TAICHÍ & CHI KUNG	M & W	16.00-17.30	Manuel Rodríguez	Aerobic	30	43,12 €	
TAICHÍ & CHI KUNG (Nau Gran)	Tu & Thu	11.00-12.30	Magda Chiralt	Aerobic	35	43,12 €	
YOGA 1	M & W	16.30-18.00	Antonio Linde	Tatami	25	43,12 €	
YOGA 2	M & W	19.00-20.30	Ester Reig	Aerobic	25	43,12 €	
YOGA 3	M & W	20.30-22.00	Ester Reig	Tatami	25	43,12 €	

YOGA 4	Tu & Thu	09.30-11.00	Magda Chiralt	Aerobic	25	43,12 €
YOGA 5	F	15.00-16.30	Ester Reig	Tatami	25	28,30 €

ACTIVITIES IN OUTDOOR SPORT FACILITIES							
Selfsubscription: Blasco Ibáñez Campus & the corresponding term							
GROUP	DAYS	HOURL	COACH	ROOM	PLACES	FEE	OBSERVATIONS
GOLF* 1 INITIATION	Tu	18.00-19.00	Félix Cortés	El Saler	5	120,00 €	1st term start 1st Oct
GOLF* 2 MIDDLE	W	15.30-17.00	Félix Cortés	El Saler	4	180,00 €	1st term start 1st Oct
GOLF* 3 MIDDLE	Thu	15.00-16.30	Félix Cortés	El Saler	4	180,00 €	1st term start 1st Oct
GOLF* 4 ADVANCED	Thu	16.30-18.00	Félix Cortés	El Saler	4	180,00 €	1st term start 1st Oct
GOLF* 5 ADVANCED	Thu	16.30-18.00	Javier Cortés	El Saler	4	180,00 €	1st term start 1st Oct
GOLF* 6 INITIATION	Thu	18.00-19.00	Félix Cortés	El Saler	5	120,00 €	1st term start 1st Oct
GOLF* 7 INITIATION	F	17.00-18.00	Félix Cortés	El Saler	5	120,00 €	1st term start 1st Oct
GOLF* 8 INITIATION	F	18.00-19.00	Félix Cortés	El Saler	5	120,00 €	1st term start 1st Oct
GOLF* 9 MIDDLE	S	13.00-14.30	Félix Cortés	El Saler	4	180,00 €	1st term start 1st Oct
GOLF* A INITIATION	S	13.00-14.30	Javier Cortés	El Saler	4	180,00 €	1st term start 1st Oct
ICE SKATING	F	16.00-17.00	Jorge	Bonaire	12	50,00 €	1st term start 1st Oct
SURF* 1	W	17.00-19.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 2	Thu	17.00-19.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 3	F	17.00-19.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 4	S	17.00-19.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 5	Su	17.00-19.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 6	W	16.00-18.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 7	Thu	16.00-18.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 8	F	16.00-18.00	Escuela Surfarenas	Malvarrosa	9	68,00 €	
SURF* 9	S	16.00-18.00	Escuela Surfarenas	Malvarrosa	8	68,00 €	
SURF* A	Su	16.00-18.00	Escuela Surfarenas	Malvarrosa	8	68,00 €	
SWIMMING* 1	M & W	11.30-12.15	Sapek S.L	UPV pool	10	75,00 €	1st term start 1st Nov
SWIMMING* 2	M & W	16.00-16.45	Sapek S.L	UPV pool	10	75,00 €	1st term start 1st Nov
SWIMMING* 3	M & W	16.45-17.30	Sapek S.L	UPV pool	10	75,00 €	1st term start 1st Nov
SWIMMING* 4	Tu & Thu	16.00-16.45	Sapek S.L	UPV pool	10	75,00 €	1st term start 1st Nov
SWIMMING* 5	Tu & Thu	16.45-17.30	Sapek S.L	UPV pool	10	75,00 €	1st term start 1st Nov
WINDSURF* 1 (25th Sept., 2nd, 16th, 23rd, 30th Oct., 6th, 13th, 20th, 27th Nov.)	F	14.00-15.00	César García	Saler	4	50,00 €	
WINDSURF* 2 (25th Sept., 2nd, 16th, 23rd, 30th Oct., 6th, 13th, 20th, 27th Nov.)	F	15.00-16.00	César García	Saler	4	50,00 €	
WINDSURF* 3 (25th Sept., 2nd, 16th, 23rd, 30th Oct., 6th, 13th, 20th, 27th Nov.)	F	16.00.17.00	César García	Saler	4	50,00 €	
WINDSURF* 4 (26th Sept., 3rd, 10th, 17th, 24th, 31st Oct., 7th, 14th, 21st Nov)	S	11.00-12.00	César García	Saler	4	50,00 €	
WINDSURF* 5 (26th Sept., 3rd, 10th, 17th, 24th, 31st Oct., 7th, 14th, 21st Nov)	S	12.00-13.00	César García	Saler	4	50,00 €	
WINDSURF* 6 (26th Sept., 3rd, 10th, 17th, 24th, 31st Oct., 7th, 14th, 21st Nov)	S	13.00-14.00	César García	Saler	4	50,00 €	
WINDSURF* 7 (27th Sept., 4th, 11th, 18th, 25th Oct., 8th, 15th, 22nd, 29th Nov)	Su	11.00-12.00	César García	Saler	4	50,00 €	
WINDSURF* 8 (27th Sept., 4th, 11th, 18th, 25th Oct., 8th, 15th, 22nd, 29th Nov)	Su	12.00-13.00	César García	Saler	4	50,00 €	
WINDSURF* 9 (27th Sept., 4th, 11th, 18th, 25th Oct., 8th, 15th, 22nd, 29th Nov)	Su	13.00-14.00	César García	Saler	4	50,00 €	