

SPORTS AND PHYSICAL EDUCATION SERVICE
AT CAMPUS BLASCO IBAÑEZ

ACTIVITIES ACADEMIC COURSE 2019-2020

These activities **DO NOT PROVIDE CREDITS / ECTS**
Enrolment: from 10th septembre at 11h

UNIVERSITY COMMUNITY PRICE : 38€/ TERM
EXTERNAL USERS PRICE: 38€ TERM + SPORTS CARD
PERIOD: 1ST TERM: 18th Sept 2019 to 31st Jan 2020
PERIOD: 2ND TERM: 1st Feb 2020 to 31st May 2020

ABDOMINALS WITH NO RISK

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Abdominals with no risk	Fusta Room	T - Th	11:00 – 12:00	Paloma Guerra López de Ayala	

Number of students per group: 20

Minimum number of students per group: 15

AEROBIC

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Aerobic 1	Blava Room	M - W	19:30 – 20:30	Alex Marzal	
Aerobic 2	Blava Room	T - Th	20:30 – 21:30	Vicente Timor	

Number of students per group: 80

Minimum number of students per group: 20

AEROBOX

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Aerobox	Blava Room	M - W	20:30 – 21:30	Julian Jaramillo	

Number of students per group: 80

Minimum number of students per group: 20

AEROGAP

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
<i>Aerogap1</i>	Blava Room	T - Th	17:00 – 18:00	Ruth Reyna	
<i>Aerogap2</i>	Blava Room	T - Th	20:30 – 21:30	Vicente Timor	

Number of students per group: 80

Minimum number of students per group: 15

AEROTONIC

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Aerotonic	Blava Room	T - Th	16:00 – 17:00	Ruth Reyna	

Number of students per group: 40

Minimum number of students per group: 15

BACHATA

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Bachata Basic	Fusta Room	W	18:00 – 19:00	Toni Garlan	25€
Bachata Basic	Fusta Room	F	19:00 – 20:00	Lázaro Díaz	25€

Number of students per group: 35

Minimum number of students per group: 15

BODY BUILDING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Body building 1	Musculació	M to F	08:00-10:00	Gaston Capano	45€
Body building 2	Musculació	M to F	10:00 -12:00	Gaston Capano	45€
Body building 3	Musculació	M to F	12:00-14:00	Gonzalo Martínez	45€
Body building 4	Musculació	M to Th	14:00-16:30	Joan Vert	45€
Body building 5	Musculació	M to Th	16:30-19:00	Angel Escribano	45€
Body building 6	Musculació	M to Th	19:00-21:30	David Fernández	45€

Number of students per group: 100

Minimum number of students per group: 40

BURLESQUE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Burlesque	Expression room Class Building V	T	17:00 - 18:30	Edward Quintana	25€CANCELLED

Number of students per group: 30

Minimum number of students per group: 15

CAPOEIRA

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Capoeira	Expression room Class Building V	M - W	20:00 – 21:30	Rubén Mata	Basic-Middle

Number of students per group: 35

Minimum number of students per group: 15

CHIKUNG

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Chikung	Fusta Room	Friday	10:00 – 11:30	Magda Chiralt	25€

Number of students per group: 35

Minimum number of students per group: 15

CIRCUIT TRAINING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Circuit Training 1	Sport Field Outdoors	T - Th	19:00 – 20:00	Angel Escribano	
Circuit Training 2	Sport Field Outdoors	T - Th	20:00 – 21:00	Angel Escribano	

Number of students per group: 40

Minimum number of students per group: 15

CLASSIC AND NEOCLASSIC DANCE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
CiNeoclDance1 MiddleAdvanced	Fusta Room	T - Th	20:30 – 21:30	Ana Martínez	
CiNeoclDance2 Basic-Middle	Blava Room	T - Th	18:00 – 19:30	Carolina Almendros	

Number of students per group: 30

Minimum number of students per group: 15

CONTEMPORÁNEOUS DANCE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Contemporaneous Dance 1	Expression room Class Building V	T - Th	19:30 – 20:30	Isabela Alfaro	Basic
Contemporaneous Dance 2	Expression room Class Building V	T - Th	20:30 – 21:30	Isabela Alfaro	Middle

Number of students per group: 35

Minimum number of students per group: 20

CUBBÁ

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Cubbá 1	Fusta Room	M - W	17:00 -18:00	Tamara de la Plaza	
Cubbá 2	Fusta Room	T - Th	16:30 – 17:30	Tamara de la Plaza	
Cubbá 3	Fusta Room	T - Th	15:00 - 16:00	Tamara de la Plaza	

Number of students per group: 40

Minimum number of students per group: 15

DANCE AND MOVEMENT

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Dance and Movement1	Blava Room	T - Th	9:00 – 10:30	Abel Martí	
Dance and Movement2	Blava Room	T - Th	10:30 – 12:00	Abel Martí	NAU GRAN

Number of students per group: 40

Minimum number of students per group: 20

FLAMENCO

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Flamenco1	Blanca Room	T - Th	16:00 – 16:55	Lucila Duarte	Basic
Flamenco2	Blanca Room	T - Th	16:55 – 17:50	Lucila Duarte	Basic-Middle
Flamenco3	Blanca Room	T - Th	17:50 – 18:45	Lucila Duarte	Middle

Number of students per group: 20

Minimum number of students per group: 10

FORRÓ

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Forró	Blanca Room	M -	20.30-21.30	Raúl Ortega	25€

Number of students per group: 20.

Minimum number of students per group: 10

GOLF

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Golf1 Middle	Foressos	F	17:00-18:00	Jorge Cortés	92€
Golf2 Middle	Foressos	F	17:00-18:00	Toni Cortés	92€
Golf3 Middle	Foressos	F	18:00-19:00	Toni Cortés	92€
Golf4 Basic	Foressos	F	18:00-19:00	Jorge Cortés	80€
Golf5 Middle	Foressos	S	11:00-12:00	Jorge Cortés	92€
Golf6 Middle	Foressos	Su	12:00-13:00	Jorge Cortés	92€
Golf7 Middle	Foressos	W	16:30-18:00	Toni Cortés	138€

Number of students per group: 9-12

Minimum number of students per group: 7-10

HIP HOP

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Hip Hop	Fusta Room	T – Th	17:30 – 18:30	Victor Bonet	

Number of students per group: 40

Minimum number of students per group: 15

HYPOPRESSIVES

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Hypopressives	Blanca Room	L - X	19.30-20.30	Jose Ramón Ruiz	

Número de alumnos por grupo: 20.

Minimum number of students per group: 10

HIT

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Hit1	Blava Room	T - Th	13.00 – 13.30	Joan Vert	25€

Number of students per group: 20.

Minimum number of students per group: 10

ICE SKATING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Ice skating	Shopping Center Bonaire	Th	19,00 – 20,00	FunOnIce	50€

Number of students per group: 12

Minimum number of students per group: 5

JAZZ DANCE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Jazz Dance	Expression room Class Building V	T	18:30 – 19:30	Edward Quintana	25€

Number of students per group: 30

Minimum number of students per group: 15

KAYAKING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Kayaking1	Perelló	Friday	16:00 - 17:00	Jorge Bermell	40€

Number of students per group: 15

Minimum number of students per group: 7

KIZOMBA

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Kizomba	Blava Room	F	16.30-17.30	Jeanette Tavares	25€

Number of students per group: 20.

Minimum number of students per group: 10

MAINTENANCE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Maintenance1	Sala Blava	M - W	15:30 – 16:30	Jordi Beltrán	

Number of students per group: 40

Minimum number of students per group: 20

PADEL

INFORMATION AND ENROLMENT: Amparo Llópez's office (Activities Coordinator)

Tel. 963983245 E-mail: M.Amparo.Llopez@uv.es (08.00-14.00 h) or in padel courts speaking to teachers 18.00-21.00 h

Coordinators B. Ibañez. Cristina 633138151 and Alfonso 609758925

Coordinator Burjassot and Tarongers Elena 617598888

DURATION: Short courses per month. First short course will begin on 1st October 2017 and the last one will end on 31st May 2018.

PRICE

Course Modality	UNIVERSITY	NON-UNIVERSITY
1 hour (2 days/week)	58€	62€
1:50 h (1 day/week)	43,50€	46€
1 hour (1 day/week)	29€	31€

TIMETABLE: FROM 8.30H TO 21.00H, (according to game level and courts availability)

PADDELSURF

GROUP	PLACE	DAYS	SCHEDULE	COACH	OBSERVATIONS
Paddelsurf1	Malvarrosa	S	12:00 - 13:30	SurfArenas school	60€ 28 Sept, 5, 19 & 26 Oct
Paddelsurf2	Malvarrosa	Su	12:00 - 13:30	SurfArenas school	60€ 29 Sept, 6, 20 & 27 Oct
Paddelsurf3	Malvarrosa	S	12.00 - 13.30	SurfArenas school	60€ 9, 16, 23, 30 Nov
Paddelsurf4	Malvarrosa	Su	12:00 - 13:30	SurfArenas school	60€ 3, 10, 17, 24 Nov
Paddelsurf5	Malvarrosa	S	12:00 - 13:30	SurfArenas school	60€ 14, 21 Dec & 11, 18 Jan
Paddlesurf6	Malvarrosa	Su	12:00 – 13:30	” SurfArenas school	60€ 15, 22 Dec & 12, 19 Jan

Number of students per group: 11

Minimum number of students per group: 5

Number of classes per group : 4

PILATES

GROUP	PLACE	DAYS	SCHEDULE	COACH	OBSERVATIONS
Pilates1	Blanca Room	T - Th	15:00-16:00	Ruth Reyna	PDI- PAS
Pilates2	Fusta/Blava Room	M - W	08:00-09:00	Rebeca Adam	
Pilates3	Fusta/Blava Room	M - W	09:00-10:00	Rebeca Adam	
Pilates4	Fusta/Blava Room	M - W	10:00-11:00	Rebeca Adam	
Pilates5	Blanca Room	T - Th	13:00-14:00	Ruth Reyna	
Pilates6	Blanca Room	T - Th	18:45-19:30	Sefa	
Pilates7	Blanca Room	T - Th	19:30-20:30	Sefa	
Pilates8	Blanca Room	T - Th	20:30-21:30	Sefa	
Pilates9	Blanca Room	M - W	17:30-18:30	Sefa	
PilatesA	Blanca Room	M - W	18:30-19:30	Sefa	NAU GRAN
PilatesB	Blanca Room	Friday	08:00-09:00	Rebeca Adam	25€
PilatesC	Blanca Room	Friday	09:00-10:00	Rebeca Adam	25€
PilatesD	Blanca Room	Friday	10:00-11:00	Rebeca Adam	25€
PilatesE	Blanca Room	M -W	15:00-16:00	Guadalupe Abad	PDI-PAS

Number of students per group: 20

Minimum number of students per group: 10

SALSA

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Salsa1 Middle	Expression Room Class Building V	Th	17:00 – 18:15	Carmina Gil	25€
Salsa2 Basic	Expression Room Class Building V	Th	18:15 – 19:30	Carmina Gil	25€
Salsa3 Middle	Fusta Room	M	18:00 – 19:15	Carmina Gil	25€
Salsa4 Basic	Fusta Room	M	19:15 – 20:30	Carmina Gil	25€
Salsa5 Basic	Fusta Room	M	20:30 – 21:30	Carmina Gil	25€
Salsa lineal6 Basic	Fusta Room	W	19:00 - 20:00	Carmina Gil	
Salsa lineal7 Middle	Fusta Room	F	18:00 – 19:00	Lázaro Díaz	25€
Salsa8 on2 (mambo)	Blanca Room	W	20:30 - 21:30	Sergi Martí	25€

Number of students per group: 40

Minimum number of students per group: 15

SELF DEFENSE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
SELF DEFENSE	Judo Room Class Building V	W	20:00 – 21:30	Juan Antonio Vargas	

Number of students per group: 35

Minimum number of students per group: 15

SEVILLANAS

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Sevillane1 Middle	Blanca Room	F	14:30 – 15:45	Lucila Duarte	25€
Sevillane2 Basic	Blanca Room	F	15:45 – 17:00	Lucila Duarte	25€

Number of students per group: 20

Minimum number of students per group: 10

SKATING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Skating	Rink n. 3	M - W	19:00 – 20:00	Ana Carbonell	Take skates

Number of students per group: 30

Minimum number of students per group: 15

SPINNING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Spinning1	Blava Room	M - W	14:00-14:45	Rebeca Campos	
Spinning2	Blava Room	M - W	14:45-15:30	Rebeca Campos	
Spinning3	Blava Room	M - W	18:30-19:30	Jorge Colubi	
Spinning4	Blava Room	T - Th	14.00-14.45	Rebeca Campos	

Number of students per group: 18

Minimum number of students per group: 9

STRETCHING AND MUSCULAR CHAINS

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Stretching1	Blanca Room	M - W	9:30 – 11:00	Antonio Linde	
Stretching2	Blanca Room	M - W	11:00 – 12:30	Antonio Linde	
Stretching3	Expresion room Class Building V	T - Th	15:15-16:45	Paula Tormo	PDI-PAS
Stretching4	Blanca Room	M - W	16:00 – 17:30	Paula Tormo	
Stretching5	Blanca Room	F	11:00 – 12:30	Antonio Lindo	

Number of students per group: 20

Minimum number of students per group: 10

SURF

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Surf1	Malvarrosa	T	17:00-19:00	SurfArenas school	60€ 25 Sept, 2, 16 & 23 Oct
Surf2	Malvarrosa	Th	17:00-19:00	SurfArenas school	60€ 27 Sept, 4, 18 & 25 Oct
Surf3	Malvarrosa	F	17:00-19:00	SurfArenas school	60€ 28 Sept, 5, 19 & 26 Oct
Surf4	Malvarrosa	T	16:00-18:00	SurfArenas school	60€ 6, 13, 20 & 27 Nov
Surf5	Malvarrosa	Th	16:00-18:00	SurfArenas school	60€ 8, 15, 22 & 29 Nov
Surf6	Malvarrosa	F	16:00-18:00	SurfArenas school	60€ 9, 16, 23 & 30 Nov
Surf7	Malvarrosa	T	15:00-17:00	SurfArenas school	60€ 4, 11, 18 Dec & 8 Jan
Surf8	Malvarrosa	W	15:00-17:00	SurfArenas school	60€ 5, 12, 19 Dec & 9 Jan

Number of students per group: 10

Minimum number of students per group: 5

SWIMMING

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Swimming 1	Pool in UPV	M - W	11:30- 12:15	SAPEK	68€
Swimming 2	Pool in UPV	T - Th	11:30- 12:15	SAPEK	68€
Swimming 3	Pool in UPV	M - W	12:15- 13:00	SAPEK	68€
Swimming 4	Pool in UPV	T - Th	12:15- 13:00	SAPEK	68€
Swimming 5	Pool in UPV	M - W	13:00- 13:45	SAPEK	68€
Swimming 6	Pool in UPV	T - Th	13:00- 13:45	SAPEK	68€
Swimming 7	Pool in UPV	M - W	13:45-14:30	SAPEK	68€
Swimming 8	Pool in UPV	T - Th	13:45-14:30	SAPEK	68€
Swimming 9	Pool in UPV	M - W	16:00-16:45	SAPEK	68€
Swimming A	Pool in UPV	T - Th	16:00-16:45	SAPEK	68€
Swimming B	Pool in UPV	M - W	16:45-17:30	SAPEK	68€
Swimming C	Pool in UPV	T - Th	16:45-17:30	SAPEK	68€

Number of students per group: 10

Minimum number of students per group: 6

TAICHI

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Taichi1	Fusta Room	T - Th	13:00-14:30	Natalia Pérez	
Taichí-Chikung	Fusta Room	T - Th	12:00-13:00	Natalia Pérez	NAU GRAN

Number of students per group: 35

Minimum number of students per group: 15.

TANGO

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Tango1 Basic	Fusta Room	F	16.00-17.00	Guillermo Alvarez	25€
Tango 2 Middle	Fusta Room	F	17.00-18.00	Guillermo Álvarez	25€

Number of students per group: 40

Minimum number of students per group: 15

TENNIS

INFORMATION AND ENROLMENT: in Amparo Llópez's office (Menendez Pelayo,19, Valencia)

Tel: 963983245

E-mail : M.Amparo.Llopez@uv.es

Coordinators B.Ibañez : Cristina, Tel 633138151 and Alfonso 609758925

Coordinator Burjassot and Tarongers : Elena Tel 617598888

DURATION: Short courses per month. First short course will begin on 1st October 2018 and the last one will end on 31st May 2019.

SHORT COURSE PRICE:

UNIVERSITY COMMUNITY: 39€

EXTERNAL USERS: 49€

SCHEDULES: See chart.

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Tennis	Tennis Courts	M - W	8:30-9:30		Levels according to coach
Tennis	Tennis Courts	M - W	9:30-10:30		Levels according to coach
Tennis	Tennis Courts	M - W	10:30-11:30		Levels according to coach
Tennis	Tennis Courts	M - W	18:00-19:00		Levels according to coach
Tennis	Tennis Courts	M - W	19:00-20:00		Levels according to coach
Tennis	Tennis Courts	M - W	20:00-21:00		Levels according to coach
Tennis	Tennis Courts	M - W	21:00-22:00		Levels according to coach
Tennis	Tennis Courts	T - Th	8:30-9:30		Levels according to coach
Tennis	Tennis Courts	T - Th	9:30-10:30		Levels according to coach
Tennis	Tennis Courts	T - Th	15:00-16:00		Levels according to coach
Tennis	Tennis Courts	T - Th	18:00-19:00		Levels according to coach
Tennis	Tennis Courts	T - Th	19:00-20:00		Levels according to coach

Tennis	Tennis Courts	T - Th	20:00-21:00		Levels according to coach
Tennis	Tennis Courts	T - Th	21:00-22:00		Levels according to coach
Tennis	Tennis Courts	Friday	16:00-18:00		Levels according to coach
Tennis	Tennis Courts	Friday	19:00-21:00		Levels according to coach

Number of students per group: 7

Minimum number of students per group: 4

TRAINING (NAU GRAN)

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Training (Nau Gran)	Blava Room	W - F	11,00 – 12,00	Ana Ainhoa	

Number of students per group: 35

Minimum number of students per group: 15

TRIBAL DANCE – BELLYDANCE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Tribal Dance Bellydance	Fusta Room	L - X	12.30 – 14.00	Doriana Rossi	

Number of students per group: 30.

Minimum number of students per group: 15

WINDSURF

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Windsurf1	Saler	F	14.00 - 15.00	César	50€
Windsurf2	Saler	F	15.00 - 16.00	César	50€
Windsurf3	Saler	F	16.00 - 17.00	César	50€
Windsurf4	Saler	S	11.00 - 12.00	César	50€
Windsurf5	Saler	S	12.00 - 13.00	César	50€
Windsurf6	Saler	S	13.00 - 14.00	César	50€
Windsurf7	Saler	Su	11.00 - 12.00	César	50€
Windsurf8	Saler	Su	12.00 - 13.00	César	50€
Windsurf9	Saler	Su	13.00 - 14.00	César	50€

Number of students per group: 4

Minimum number of students per group: 2

WOMAN DEFENSE

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Woman defense	Judo Room Class Building V	M	18:00 – 19:30	Juan Francisco	
		W	18:30 – 20:00	Díaz	

Number of students per group: 35

Minimum number of students per group: 15

YOGA

<i>GROUP</i>	<i>PLACE</i>	<i>DAYS</i>	<i>SCHEDULE</i>	<i>COACH</i>	<i>OBSERVATIONS</i>
Yoga1	Fusta Room	M - W	11:00 -12:30	Marta Gomar	
Yoga2	Fusta Room	M - W	15:30 – 17:00	Ana Fossi	Hatha Yoga
Yoga3	Fusta Room	T - Th	09:30-11:00	Natalia Pérez	Hatha Yoga
Yoga4	Fusta Room	T - Th	15:00-16:30	Miriam Lebourou	Hatha Yoga

Number of students per group: 35

Minimum number of students per group: 15